

**Education and Training:**

Sleep Disorders Medicine Training  
Mount Sinai Sleep Disorders Center  
Mount Sinai Medical Center  
Miami Beach, FL  
2003-2004

Chief Resident in Internal Medicine  
Department of Medicine  
Albert Einstein Medical Center  
Philadelphia, PA  
1999-2000

Graduate Medical Education  
Internal Medicine Residency  
Albert Einstein Medical Center  
Philadelphia, PA  
1996-1999

Undergraduate and Medical Education  
Physician Surgeon - MD 1994  
Luis Razetti School of Medicine  
Universidad Central de Venezuela  
Caracas, Venezuela

**Medical Licensure:**

Florida, Pennsylvania and Venezuela

**Board Certification:**

Board Certified, American Board of Sleep  
Medicine- 2005  
Board Certified, American Board of Internal  
Medicine-1999

**Work Experience:**

Sleep Disorders Medicine Practice  
Miami Beach Pulmonologist, PA  
Mount Sinai Medical Center and  
Miami Sleep Disorders Center  
Miami, FL  
August 2005 to present

Internal Medicine Private Practice  
Colinas de la California  
Caracas – Venezuela  
August 2000 – July 2003

Medical Advisor  
Aventis Pharma  
Caracas – Venezuela  
September 2001 – May 2003

Primary Care Physician  
Delgado Chalbaud Outpatient Center  
Caracas - Venezuela  
December 1994-July 1995

Primary Care Physician  
Tacarigua de Mamporal Hospital  
Tacarigua - Venezuela  
April 1994-December 1994

Rural Rotation as Intern  
Higuerote Medical Center - Venezuela

Sleep Disorders Research  
January 1994-April 1994  
Miami Sleep Disorders Center  
7029 Southwest 61st Avenue  
Miami, FL 33143  
August 2005

**Academic Honors and Awards:**

Richard Levy, MD Infectious  
Diseases Award

In recognition of outstanding performance by a  
resident on the Infectious Disease Service  
Albert Einstein Medical Center, 1998  
For creativity, insight and scholarship in the  
PGY-1 resident research rotation  
Albert Einstein Medical Center, 1997

Harry Goldberg, MD Award

**Professional Organizations:**

American Academy of Sleep Medicine  
American Medical Association  
American College of Physicians  
FUNDAPAHUC (Foundation for the  
Help of the University Hospital Patient)

Member since 2004  
Member since 1996  
Member since 1996  
Co-founder, 1992  
Voluntary, non-profit, medical student  
organization dedicated to fund raising,  
purchasing and distribution of medications and  
surgical material for the needed patients of the  
Hospital Universitario de Caracas, Venezuela  
Member of the Board of Directors, 1999

Philadelphia AIDS Consortium

**Presentations:**

- Perzanowski C, Dellweg D, Tran H, **Esparis B**, Pomerantz S, Eiger, G. Evaluation of the SIMPLIRED D-Dimer assay in patients with suspected pulmonary embolism. Presented at the American College of Chest Physicians Annual Meeting. November 2001. CHEST, Vol 120, 4, October 2001, 199S.
- Perzanowski C, Dellweg D, Tran H, **Esparis B**, Eiger, G: Interobserver agreement in the SIMPLIRED D-Dimer assay. Presented at The American Thoracic Society Annual Meeting. May, 2001. AJRCCM. Vol 163, No 5. April 2001, A918.
- **Esparis B**; Eiger G; Taagart P; Pomerantz C. Evaluation of Outpatient Management of Asthma at a Tertiary Care Center. Presented at The American Thoracic Society Meeting. May, 2000.
- Uribe, J; **Esparis, B**; Crespo, A; Arbour, R. Persistent Metabolic Acidosis Secondary to Propylene Glycol Toxicity from Lorazepam Infusion. Presented at the American College of Physicians meeting. April, 2000.
- Dellweg, D; **Esparis, B**; Crespo, A; Herman, R. Benign Papilloma of the Trachea, an Unusual Cause of Chronic Cough. Pennsylvania Coalition for Internal Medicine Annual Meeting. November, 1999.
- Makornwatana, P; **Esparis, B**. Group G Streptococci Associated Toxic Shock-Like Syndrome. Pennsylvania Coalition for Internal Medicine Annual Meeting. November, 1999.

- **Esparis, B;** Crespo, A; Eiger, G. Respiratory Syncytial Virus Pneumonia in an Adult Renal Transplant Recipient. Pennsylvania Coalition for Internal Medicine Annual Meeting. May, 1998.
- Crespo, A; **Esparis, B;** Fraifeld, M; Eiger, G; Silibovsky, R. Rhodococcus Equi Pneumonia and Endocarditis after Kidney Transplantation. American College of Physicians Annual Meeting, April, 1998.
- **Esparis, B;** Eiger, G; Guttentag, A; Walkenstein, M; Goldberg, S; Lippmann, M. Pleural Effusions Following Orthotopic Liver Transplant. American College of Chest Physicians Annual Meeting. October, 1997.

**Publications – Abstracts:**

- **Esparis, B;** Eiger, G; Guttentag, A; Walkenstein, M; Goldberg, S; Lippmann, M. Pleural Effusions Following Orthotopic Liver Transplant. *CHEST*, 112:3; S13-4. Sept, 1997.

**Publications – Journals:**

- Chediak, A; **Esparis, B;** Isaacson, R; De la Cruz, L; Ramirez, J; Rodriguez, J; Abreu, A. How many polysomnograms must sleep fellows score for becoming proficient at scoring sleep? *JCSM*, 2006; submitted for publication March 2006.
- Arbour, R; **Esparis, B.** Persistent Metabolic Acidosis Secondary to Propylene Glycol Toxicity from Lorazepam Infusion. *CHEST*, 2000; 118:545-546.
- Espidel, A; **Esparis, B.** Hypothermia and Oxygen Consumption in the Post Operatory of Myocardial Revascularization. *Journal of the Venezuelan Critical Care Society*, 6:4, 1991.
- **Esparis, B;** Espidel, A. Free Radicals and Reperfusion Injury. *Journal of the Venezuelan Critical Care Society*, 6:3, 1991.

**Book Chapters:**

- Chapter on Cephadrine. *Aphotecarius: Properties, Uses and Risks of Medications.* **Esparis, B;** Fernandez, J. Edited by Frank Perez Acuna. Pharmacology and Toxicology Department. Universidad Central de Venezuela. Caracas, 1994.

**Languages:**

Spanish (native language)  
English (fluent written and spoken)  
Portuguese (basic)

**Extra-curricular activities:**

Classic Harp studies	National Music Conservatory “Juan José Landaeta” Caracas – Venezuela 1978-1987
Theory, Solfeggio and Harmony studies	National Music Conservatory “Juan José Landaeta” Caracas – Venezuela 1983-1985

**Hobbies:**

Metalsmithing, camping, hiking.